



Your Thoughts Matter: Help Researchers to Understand Their Influence on Decision-Making

Researchers at the University of Kentucky are conducting a study to better understand how thoughts of suicide and alcohol use might affect decision-making and life experiences over time. Participants who have suicidal thoughts and are looking to drink less alcohol will participate in a Computer Based Training for Cognitive Behavioral Therapy (CBT 4CBT). Participants will complete an online Zoom meeting and then assessments on their own

You may be eligible to participate if you are 18 years or older and:

- drink alcohol often
- are NOT getting help or treatment for alcohol use
- have NOT used drugs recently, except alcohol, nicotine, or marijuana
- a citizen/resident of the United States

Participant information will be kept confidential.

Participants will be compensated up to \$385 for their time.

For more information contact:

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