



Interested in Decreasing Your Drinking? Take Part in an Online Treatment Study

Researchers at the University of Kentucky are conducting a study to examine the effects of Computer Based Training for Cognitive Behavioral Therapy (CBT4CBT) and alcohol intake. This is a fully remote, self-paced intervention. Participants will complete an online Zoom meeting and then assessments on their own time. Participants may also receive access to self-guided alcohol treatment.

You may be eligible to participate if you are 18 years or older and:

- drink alcohol often
- are NOT getting help or treatment for alcohol use
- have NOT used drugs recently, except alcohol, nicotine, or marijuana
- a citizen/resident of the United States

Participant information will be kept confidential.

Participants will be compensated for their time.

**INTERESTED?
CONTACT US:**



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