



# HAVE YOU SPRAINED YOUR ANKLE BEFORE?

Researchers at the University of Kentucky invite you to participate in an Ankle Sprain Research Study. The purpose of this online survey study is to examine self-efficacy across patients with an ankle sprain history.

**You may be eligible to participate if you:**

- are between 18-55 years old
- have a history of ankle sprains

Participants are eligible to win a cash prize

If you are interested, scan the QR code to complete the survey



**For more information, contact:**  
**Bridget Walsh**  
Bridget.Walsh@uky.edu