



## **Breastfeeding? Are you wondering about increasing milk supply for your baby?**

Researchers at the University of Kentucky are inviting you to participate in a research study to help us learn about how a food supplement called *Moringa oleifera* leaf powder may improve breastmilk and help the babies who drink that milk. The study will provide moringa leaf powder or placebo in a pill and have breastfeeding moms of preterm babies take it to see if mom makes more milk or if her milk is of better quality for baby. Participants will be compensated up to \$100 for completing 3 study visits.

### **You and your baby may be eligible to participate:**

- If you are breastfeeding and plan to continue breastfeeding for 4 weeks during study
- If your baby is in the NICU and born within the last 7 days at 32-37 weeks gestation

### **What will you be asked to do?**

- Take four capsules with moringa or placebo twice a day every day for twenty-eight days.
- Breastfeed for the four weeks of this study (pump milk or feed directly to baby), complete surveys, and measure volume of milk.

**Scan the QR code to visit the study site.**



### **For more information:**

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