



Are You Postmenopausal?

Researchers at the University of Kentucky invite you to participate in a study about how circadian rhythms and diet affect body weight and metabolism in postmenopausal women. Participants will be compensated for their time.

You may be eligible to participate if you are:

- A postmenopausal woman
- Between 45 - 65 years old
- Overweight

Scan the QR code for more information about participating!



Questions? Contact:

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 **Research**
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