



**Do you have high
blood sugar, high blood
pressure, abnormal
cholesterol, or high waist
circumference?**

Researchers at the University of Kentucky College of Nursing are inviting you to join a research study exploring the role of dietary antioxidants, chronic stress, and inflammation in people with metabolic syndrome.

You may be eligible to participate if you live in the Lexington, KY area and meet at least three of these criteria:

- Live in the Lexington, KY area
- Have high blood sugar
- Have increased blood pressure
- Have abnormal cholesterol
- Are overweight

Participants will receive a \$40 gift card at the end of the study which includes a total of two visits to the UK campus.

For more information, please contact:

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Research and
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Research

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