COVID-19: Prevention Behaviors and Vaccination Intention from WHY (Wellness Health & You)

What did we learn?
The first of two quarterly surveys were launched by the University of Kentucky in 2020 and will continue into 2021.*
Check out wellnesshealthandyou.org for an opportunity to participate! We welcome new WHY members!

How are We Reducing our Risk of COVID-19?

- Good news! COVID-19 Prevention Behaviors have increased across the two surveys. This pattern held true for personal protections, social distancing, and self-care behaviors.
- Those who see themselves (or others), as likely to get COVID-19 remain more likely to use both personal protection and social distance behaviors in the past week.
- Self-care (including: wearing a mask, keeping a safe distance, using hand sanitizer, staying home, getting enough sleep, and eating a healthy diet) is key to sanity and surviving this pandemic.

Willingness to be Vaccinated

Last Fall, as COVID-19 Vaccines became available, we asked about vaccination intentions.

- Compared to the 81% considering vaccination, the 19% with no intention to be vaccinated were:
  * More likely to be 35-49 years old and to have less education.
  * More likely to continue to shop in-person and to visit with family and/or friends who live in other households.

*Survey respondent demographics: COVID-19 Prevention Survey - 95% White, 90% female, and 58% were college graduates. COVID-19 Mini-Survey - 96% White, 97% female, and 74% were college graduates.