

“Sleep, Stress, and Alcohol Use in the Time of COVID-19”

Researchers at the University of Kentucky are conducting a research study to learn more about how people’s stress, sleep, and alcohol use may be impacted by COVID-19. Participants will complete up to 4 surveys online over a 12 month period, and may choose to participate in a telephone interview.

You may be eligible to participate if you:

- Are an adult ages 21 or above.
- Have Internet access.
- Can read and understand English.

Drinking alcohol is not a requirement of this study.

There is no compensation for participating in a survey. Interview participants will be entered into a raffle to receive a \$20 gift card.

The survey may be accessed at: <https://redcap.uky.edu/redcap/surveys/?s=X9KWFTMYHX>

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