



## Aerobic training study enrolling now

Researchers at the University of Kentucky College of Education are inviting you to participate in an aerobic training study that measures fatigue, heart rate, and VO<sub>2</sub>. Participants will engage in measured workout activities while researchers monitor heart rate and fatigue.

This study will include 8 visits, with each visit separated by 24-48 hours.

### You may be eligible if you:

- Are between 18 - 35 years old.
- Have at least 6 months of aerobic training experience
- Do not have cardiovascular disease, pulmonary disease, heart disease, or musculoskeletal disease.

For more information, please contact:

**PJ Succi**  
**[pj.succi@uky.edu](mailto:pj.succi@uky.edu)**  
**267-615-1305**



*An Equal Opportunity University*

[www.UKclinicalresearch.com](http://www.UKclinicalresearch.com)