

## We are interested in how your shoulder blade moves!



Researchers at the University of Kentucky are inviting you to participate in a study examining shoulder blade motion. This study will help us understand how the shoulder blade moves in healthy individuals.

This study requires one visit for approximately 30 minutes.

You will be asked to complete a series of shoulder motions in which we will measure your shoulder and scapular motions.

You may be eligible to participate if you:

- Are over the age of 18; and
- Can lift both arms to at least above shoulder level.

In exchange for your participation, you will receive a handout of exercises to help improve shoulder blade motion.

For more information, please contact

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