



Pregnancy related low back pain (LBP) study enrolling now

Researchers at the University of Kentucky are conducting a study for low back pain (LBP) in pregnant women. Between 50-70% of pregnant women will experience LBP during pregnancy and is the most common reason women took leave from work. Participants will attend 3 data collection sessions. Total duration of each study session will be about 30 minutes. The 3 data collection sessions will be spaced out evenly throughout your pregnancy and will take place in the physician's office after your regularly scheduled visits. Participants will receive \$50 upon completion of each data collection session, \$150 total.

You may be eligible if you:

- Are currently pregnant, within 1st trimester
- NO history of musculoskeletal or neuromuscular disorders
- NO history of back/spinal surgery
- NO conditions that constitutes an "at risk" pregnancy



Research

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