UNIVERSITY OF KENTUCKY RESEARCH

Do you want to strengthen your relationship and reduce stress?

Researchers at the University of Kentucky are inviting you to participate in a study to test the effectiveness of Better Together, an online research education program designed specifically for female same-sex couples to help them manage their stress and strengthen their relationship with each other.

You and your partner may be eligible to participate if you:

- Both identify as female;
- Are at least 18 years old; and
- Live in Central Appalachia (Eastern Kentucky, Southern Ohio, East Tennessee, West Virginia, Western North Carolina, and Western Virginia).

Participating couples will receive the education modules for free. Each couple member will receive \$25 for completing <u>each</u> of the 3-4 assessments. Total participation time (to complete the module and all assessments) is estimated to be 11-12 hours over the course of about 5 months.

We invite you view this introduction <u>http://chilp.it/1db961b</u> and then complete the short survey at the end indicating that you <u>may</u> be interested in participating. If you are eligible, someone from our research team will contact you to share more information and answer your questions.

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