



Exercise study for children enrolling now

Researchers at the University of Kentucky are conducting a study to help determine the best protocol (or method) to use when testing children's fitness level on a treadmill.

The study involves NO blood draws and NO medications will be given. All procedures are safe and closely monitored.

This study will include:

- Children 7 to 11 yrs of age
(all genders, all ethnicities, all "shapes and sizes")
- 2 testing sessions (1 hour each session, approx. 1 week apart)
- Participation will take place after school and on weekends
(children will not be removed from school)
- Free parking and parents/guardians may remain with their children at all times during testing
- \$35 compensation upon completion of the study

For more
information,
please
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