

## Do you have a history of at least one ankle sprain?



Researchers at the University of Kentucky College of Health Sciences are inviting you to participate in a study about how chronic ankle instability may contribute to the development of post-traumatic ankle osteoarthritis and knee osteoarthritis.

### You may be eligible to participate if you:

- Are between the ages of 18-35 years;
- Have a previous history of at least one ankle sprain that causes pain, swelling, and/or temporary loss of function;
- Have no significant injury to the ankle in the past 3 months; and
- Have no history of any musculoskeletal, respiratory, or neurovascular injury in the lower extremity other than the ankle.

For more information, please contact:

**Kyle Kosik**  
[kyle.kosik@uky.edu](mailto:kyle.kosik@uky.edu)



*An Equal Opportunity University*

[www.UKclinicalresearch.com](http://www.UKclinicalresearch.com)