



Breastfeeding? Are you wondering about increasing milk supply for your baby?

Researchers at the University of Kentucky are inviting you to participate in a research study to help us learn about how a food supplement called *Moringa oleifera* leaf powder may improve breastmilk and help the babies who drink that milk. The study will provide moringa leaf powder or placebo in a pill and have breastfeeding moms of preterm babies take it to see if mom makes more milk or if her milk is of better quality for baby. Participants will be compensated up to \$100 for completing study visits.

You and your baby may be eligible to participate:

- If you are breastfeeding (pumping or putting baby to breast) and plan to continue breastfeeding for 4 weeks during study
- If your baby is in the NICU, was born within the last 7 days, and is preterm.

What will you be asked to do?

- Take four capsules with moringa or placebo twice a day every day for fourteen days.
- Provide very small milk samples while your baby is in the NICU and tell the team how much milk you pump in 24 hours.

Scan the QR code to visit the study site.



For more information:

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