

Exercise and Therapeutic Exposure



Researchers at the University of Kentucky invite you to participate in a research study to examining whether quick bouts of exercise can improve treatments for PTSD.

You may be eligible to participate if you:

- are between 21 and 50 years old
- are relatively healthy
- have experienced physical or sexual assault

Participants will be compensated for their time. Information is kept confidential.

If interested, contact us at:
ceh@uky.edu 859-562-1517

or

Follow this QR code to complete an initial screening form:



Research

An Equal Opportunity University

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