



# Are You A Cardiac Patient?

Researchers at the University of Kentucky invite you to participate in a study comparing two types of cognitive behavioral therapies for rural cardiac patients with depressive symptoms.

## You may be eligible to participate if you:

- Are 21 years of age or older;
- Live in a rural area in Kentucky or surrounding states;
- Have a history of a heart attack, stents, or coronary bypass graft surgery

Cognitive behavioral therapy will be provided to you over the internet, within the comfort of your own home, at no cost.

Data will be collected about your medications, your activity level, your health behaviors, and your emotional state.

All data collected is strictly confidential.



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**For more information, please contact:**

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