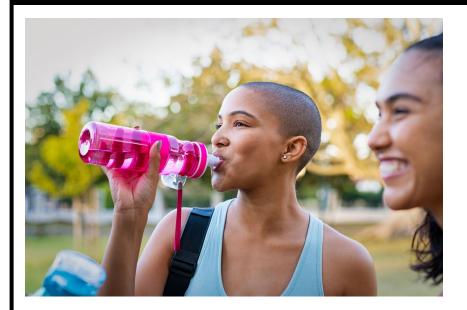
## UNIVERSITY OF KENTUCKY RESEARCH



## Exercise and Exposure for PTSD

Researchers at the University of Kentucky invite women who've been diagnosed with or think they might have post-traumatic stress disorder (PTSD) to join a study. We're trying to learn if quick bouts of exercise after therapeutic exposure can improve treatment for PTSD. Participants will be compensated for their time upon completion of the study.

## You may be eligible to participate if you:

- Are a woman between 21 and 50 years old
- Are relatively healthy
- Have experienced physical or sexual assault and believe you may have PTSD

**For more information** about participating, please contact us at the UK Clinic for Emotional Health!

ceh@uky.edu 859-562-1571



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