



Do You or Someone You Care for Have Heart Failure?

Researchers at the University of Kentucky are inviting you to participate in a six-month study investigating whether receiving an educational intervention may improve heart failure self-care behaviors. Participants will be compensated for their time.

You may be eligible to participate if you:

- Are 18 years or older
- Have a heart failure condition
- Speak, read, and write in English

What will you be asked to do?

- Complete a 30-minute questionnaire packet
- Use a special pillbox to organize and take your prescribed medications
- Use a special scale to weigh yourself daily
- Receive education and counselling to improve heart failure self-care behaviors

For more information:



Research

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