



## Treatment Study for Borderline Personality Disorder

*Do you experience sudden mood shifts? Are there many ups and downs in your relationships? Do you find yourself engaging in impulsive behaviors (such as overeating, substance use, or self-injury)?*

If so, researchers at the University of Kentucky are inviting you to participate in a study on **borderline personality disorder**. Eligible participants will be provided over 18 sessions of cognitive behavioral therapy at no cost. In addition to attending therapy sessions, research participation will involve completing a diagnostic interview to confirm eligibility, attending 2-3 follow up interviews, and completing online questionnaires. All study visits may take place in-person or via Telehealth. Participants will be compensated up to \$75 for the completion of follow-up interviews.

### **You may be eligible to participate if you:**

- Meet criteria for borderline personality disorder following a study assessment
- Are NOT using certain substances (i.e., opioids, methamphetamine)
- Are 18 years or older

**For more information:**



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TIPS Research Program  
UK Clinic for Emotional Health  
[tipslab@uky.edu](mailto:tipslab@uky.edu)

[www.UKclinicalresearch.com](http://www.UKclinicalresearch.com)