

# MUSCLE RESEARCH STUDY

You may be eligible for this research study if you:

Are between the ages of 18-39 and  $\geq 65$  years

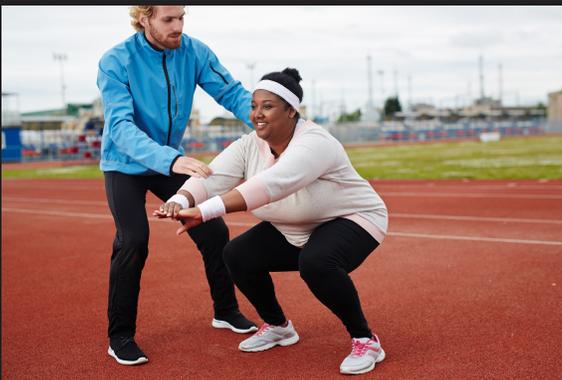
Have normal blood pressure

Do not smoke

Are not pregnant

Do not have any known cardiovascular, metabolic, or neuromuscular disorders

Have not participated in more than two days per week of planned moderate exercise



Researchers at the University of Kentucky are studying how certain molecules may play an important role in your health and adaptation to exercise. All research procedures will take place in the UK Chandler Hospital and the College of Health Sciences.

**PARTICIPANTS WILL BE COMPENSATED FOR THEIR TIME**

For more information, please contact:

Douglas Long  
Research Coordinator  
delong2@uky.edu  
859-323-5438



An Equal Opportunity University